

Product	Type	AM   PM	Usage	Should Last	Anticipated Reactions	Reaction Response	Tips
Cleansing Gel	Cleanser	MORNING & NIGHT	Daily				
Exfoliating Polish	Scrub	NIGHT	Twice Weekly				Oily skin can work up to 4-5x week May use Exfoliating Polish in the morning instead of evening if preferred
Alto Advanced	Vitamin C	MORNING	Daily				
Even Intensive	Pigment Inhibitor	MORNING & NIGHT	Daily				
AlphaRet Overnight Cream	Retinol	NIGHT	Daily				
AlphaRet Peel Pads	Retinol	NIGHT	Twice Weekly				Skip Retinol Cream (AlphaRet Overnight Cream, Wrinkle & Texture, Radical Night Repair) on nights you're using peel pads
Restorative Skin Complex	Moisturizer	MORNING & NIGHT	Daily				
Sunscreen							
Hydratint	Sunscreen	MORNING	Daily				Mix with ZO Illuminating AOX for a lighter tint with glow
Light Day	Sunscreen	MORNING	Daily				
Sunbetter Sheer Compact	Sunscreen	MORNING	Daily				
Sunbetter Sheer Stick	Sunscreen	MORNING	Daily				
Tonesmart Lotion	Sunscreen	MORNING	Daily				
Tonesmart Compact	Sunscreen	MORNING	Daily				